

KUONI | Events

China – Trek the Great Wall
Open Challenge

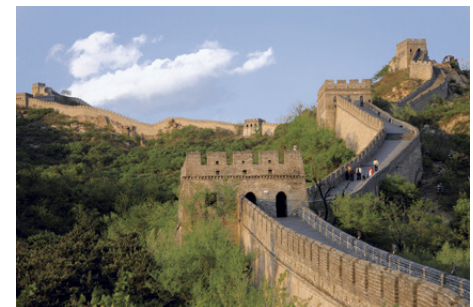


Great Wall of China Challenge

The Great Wall is situated about 80kms north from the centre of Beijing. Traversing mountains, valleys and deserts and known in China as The Ten Thousand Li Wall, it stretches over 6300kms from east to west. This trip telescopes history, from the modern capital through the outskirts to where donkey carts and cargo carrying bicycles share the road, past farms where nothing seems to have changed for centuries, to a harsh mountain range where nearly a million workers walled in an empire.

Quick facts

Departure dates:	19 – 28 October 2012
Trip Grade:	Moderate
Accommodations:	Lodges and hotels
Group Size:	This challenge requires a minimum of 12 participants to go ahead (you will be advised 61 days prior to departure if minimum numbers have not been reached)
Duration:	9 nts / 10 days incl. overnight outbound flight
Flights:	Airlines may vary and will be confirmed closer to departure
Extension option:	3 nights Xian and Terracota Warriors



Day 1 Evening departure from London Heathrow
Overnight flight based in economy class



Day 2

Beijing

Morning arrival into Beijing. Met at the airport and transferred to Jinshanling Lodge – a lodge in the countryside. As you approach the lodge, you will get your first glimpse of the Great Wall in all its glory!

Packed lunch en route. Afternoon at leisure to relax, allowing time to get to know each other and discuss the challenge ahead!
Dinner and pre-trek briefing and then overnight in the Jinshanling Lodge



Day 3

Guibeiko to Jinshanling

There is a short 30 min transfer to the start of the day's trek. Today you will trek from Gubeiko to Jinshanling – one of the lesser visited areas of the Great Wall. The trek will go through working farmland, un-restored narrow sections of the Wall and valleys. Packed lunch en route. Today, many of the locals will take the opportunity to offer their bag carrying services and sell their wares – it takes a strong person to resist their persuasions! At the end of the trek, a coach will transfer will take you back to the lodge for a well-earned rest.
Dinner, briefing and overnight at Jinshanling Lodge

Approx 6hrs trekking



Day 4

Jinshanling Section

Breakfast in the lodge
 Today is a full day trekking on the Jinshanling section of the wall starting with a short transfer to the start of the trek. You will enjoy a wonderful day of trekking in which around 20 towers are visited including some beautiful sections of the Wall that have been left as ruins. Packed lunch en route.

The terrain varies throughout the day and in places the ground is made up of loose stones and slippery gravel. At the end of the trek, return to the lodge for some rest and relation.

Dinner, briefing and overnight at Wuzoulou Lodge

Approx 6-7 hrs trekking



Day 5

Wuzoulou Mountain

Breakfast in the lodge. Today you will climb Wuzoulou Mountain - this is the last part of the Wall area built in the Ming Dynasty. It is a fantastic day of completely different terrain, trekking through the trees and mud, rather than on the wall and steps. Packed lunch en route.

Afternoon descent down a winding, more exposed route back to the lodge. Although very different, Wuzoulou mountain is a similar height as Snowdon at an altitude 1000m. The trek starts from 300m so you will climb approx 700m today. Tonight a chance to rest those weary legs and celebrate the achievements with another fantastic Chinese meal.

Dinner, briefing and overnight at Wuzoulou Lodge

Approx 7-8 hrs trekking



Day 6

East Section of Mutianyu

Breakfast in the lodge. Today the trek will start from the lodge on a very crumbled section of the wall. As it continues, it progresses onto a renovated section when the area becomes much more touristy. You will trek the wall for 8 towers today! Packed lunch en route.

Finish this challenging day faced with 1000 steps down to the main entrance. There are plenty of local stores at the bottom however you will most likely be too exhausted to stop! There will be plenty of time tomorrow!

Dinner, briefing and overnight at Mountain Bar Lodge

Approx 4hrs trekking



Day 7

West section of Mutianyu

After breakfast a transfer back to Mutianyu where the trek begins ascending the 1000 steps! You will follow the renovated wall through the watchtowers, ending at the furthest point. The final ascent is the last challenge of the day, **Approx 5 hrs trekking** with 435 very steep steps; however once at this pinnacle (known by the local guides as the stairway to heaven) the view is incredible! Retrace your steps back, and transfer back to the lodge.

Dinner, briefing and overnight at Mountain Bar Lodge



Day 8

Badaling to Beijing

The final day of trekking... Located in Donggou Village, the residual wall is about 40 miles from Beijing. This section of the Great Wall is about 3 miles from the famous Badaling, and is the western gate of the military defence system on the Badaling Great Wall. Seen from a distance, it resembles a dragon winding its way along the mountain peaks. This section of the Great Wall is in its original form, and reproduces the character of the Ming Great Wall. The whole section here is 2,000 meters long and we will end our trek at the village nearby, called Shixia Village. Late afternoon arrival into Beijing for check in at the hotel before dinner in a local restaurant. There will be the opportunity to take a local tour tonight otherwise a chance to just relax in the comfort of the hotel room.

Approx 5 hrs trekking

Dinner in a local restaurant and overnight in the Dong Fang Hotel



Day 9

Beijing

Breakfast in the hotel. Today is a free day to explore Beijing. Optional excursions can be booked locally. Tonight you will visit a local Peking Duck Restaurant for the Gala Dinner – a chance to celebrate the achievements over the last week.

Peking Duck Gala Dinner in a local restaurant and overnight in the Dong Fang Hotel



Day 10 Breakfast in the hotel.
Morning departure to the airport for the return day flight to London.
Arrival London Heathrow evening

Please note that this complex itinerary may be subject to change. All timings contained in this itinerary are approximate and are for guidance only. Exact times will be given locally.



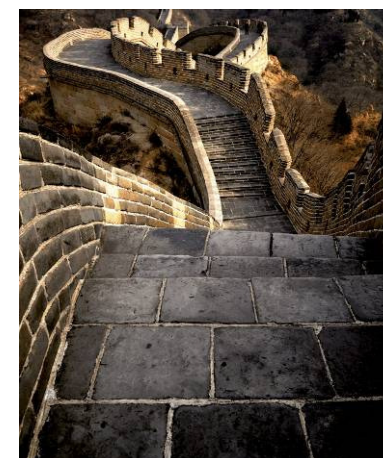
What will it cost...?

Included in the cost will be:-

- Return economy flights excluding Intl airport tax
- All accommodation as per itinerary (based on single sex share)
- All transfers as per itinerary
- All meals & bottled water (4 bottles of water per day on trekking days) as detailed in itinerary
- Experienced Kuoni Events tour guide and medic from the UK (depending on group size)
- English speaking local guide & support crew
- Local doctor to accompany the group
- Full itinerary pack with necessary information
- Pre-trip information briefing (depending on numbers)
- Full support of Kuoni Events Team

Not included in the cost:-

- Intl airport tax (approx £300.00)
 - Personal travel insurance
 - Any additional food or beverages not stated in the itinerary
 - Individual room incidentals
 - Tips for services of local guides and drivers and airport / hotel porters
 - Optional tours
 - Visa fees for China
 - Single supplement
- £149.00 per person



Self Payment Option	Minimum Sponsorship Option
<ul style="list-style-type: none"> ▪ £400.00 Non-refundable deposit payable on confirmation ▪ Balance due 10 weeks prior to departure:- October 2012 £1,095.00 <p>All money fundraised by yourself will go direct to your charity. We suggest a minimum fundraising target of £500.00</p>	<ul style="list-style-type: none"> ▪ £400.00 Non refundable deposit payable on confirmation ▪ Pledge to raise minimum sponsorship target to be sent to the charity 10 weeks prior to departure:- October 2012 £2,700.00 <p>Your charity then fund your trip and retain approx 60% of the funds you raise</p>

Time Difference ▪ GMT +7 hours

Currency ▪ Chinese Yuan

Passports and Visas ▪ You must have a full and valid 10 year passport with an expiry date of at least 6 months after you arrive back in the UK. UK nationals require a visa which can be obtained from the Chinese Embassy. Alternatively, Kuoni offer a **Visa Service** - more information on request.

Health ▪ Several vaccinations are advisable; particularly hepatitis, tetanus, polio, diphtheria and typhoid, and you should take precautions against malaria in certain areas of the country. Contact your GP, Department of Health or specialist vaccination centre for up to date advice.

Dialing Code ▪ +86

Tipping ▪ Tipping is still not officially approved although is becoming more commonplace. It is becoming usual in hotels and restaurants and with tour guides and drivers.

Climate ▪ The average temperature in October is 17°C.



KUONI | Events *What is an Open Challenge...?*

What is an open challenge...?

Perfect for individuals, small groups and smaller charitable organisations, Open Charity Challenges offer you the chance to join a group challenge and raise money for a charity of your choice.

What does my chosen charity need to do...?

For your chosen charity, provided they are happy for you to raise a minimum of £500 (paid directly to the charity) on an overseas challenge they simply need to support your fundraising where necessary. This would involve offering advice and materials and ensuring that they receive your minimum sponsorship either by our recommended deadline date or on a date agreed by the Charity.

How do the costs work...?

We offer two payment options - Self Payment and Minimum Sponsorship.

Self Payment – you pay 100% of the tour price and fundraise as much as you can (we recommend at least £500.00) which will go direct to your chosen charity. You will be required to pay the non refundable deposit at the time of booking and the balance of the tour cost will be invoiced to you 10 weeks prior to departure. Your chosen charity will supply you with a fundraising pack and will support your efforts.

Using this method, your charity receives your total fundraising amount.

Minimum Sponsorship – each challenge has a different minimum sponsorship amount. At the time of booking, you will be required to pay the non refundable deposit and then pledge to raise the minimum sponsorship amount which is paid direct to your charity. When you reach this target, your charity will fund your trip – your fundraising monies will usually need to be sent to your charity at least 10 weeks prior to departure. We cost our challenges to ensure that your chosen charity retains a high percentage of the fundraising target.



"Our objective is to be a responsible corporate citizen and mitigate the existing or anticipated adverse impacts of our business and strengthen the positive ones. By integrating CR (corporate responsibility) into everything we do, we aim to achieve an optimum balance between our business activities and our social, economic and environmental responsibilities." Peter Rothwell, CEO of the Kuoni Group.

Kuoni's key Corporate Responsibility projects focus on raising employee awareness about **sustainable practices** and **integrating sustainability standards** into all that we do. Further focus lies on **mitigating the impacts of climate change** and **protecting natural resources** as well as **safeguarding human rights** – especially when it comes to the **protection of children against sexual exploitation** in destination countries.

Kuoni is making important progress toward its goal of a more responsible and sustainable tourism. For a copy of Kuoni's third CR Report, please visit www.kuoni-corporate-responsibility.com



Calculating your CO2 emissions

Varying contributions can be made and are welcome through Kuoni's collaboration with **myclimate** in order to calculate the CO2 emissions and cost for compensation of the flights. We encourage our participants to offset their carbon emissions by supporting a pioneering project on Bali in which large recycling facilities convert organic waste into valuable compost and also create work for 120 people. For more information, please visit <http://kuoni.myclimate.org/e>

An example of an individual compensating their challenge is calculated below.

Example of calculated CO2 emissions	
From:	London LHR, UK
To:	Beijing
	Economy return
Distance:	16,330 km
No of passengers:	1
Total CO2 emissions:	3.408t
Total cost for compensation of flights:	£64.00



KUONI | Events

Contact

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